



A Celebration of our New Low Carb Cookbook

Wednesday April 30th at 7pm,
Caldesi in Campagna, Bray, Berkshire

with **Katie and Giancarlo Caldesi and
Jenny Phillips**

JOIN KATIE & GIANCARLO, WITH NUTRITIONIST JENNY PHILLIPS, AT A CELEBRATORY THREE COURSE SUPPER AT CALDESI IN CAMPAGNA IN BRAY. THE MENU FEATURES DELICIOUS NEW RECIPES FROM OUR LATEST BOOK.

THE SEVENTH IN OUR POPULAR SERIES OF HEALTH & NUTRITION COOKBOOKS, THE 'LOW CARB AIR FRYER COOKBOOK', LAUNCHING AT EASTER, MAKES IT EVEN EASIER TO FOLLOW THIS STYLE OF EATING.

DON'T MISS THIS CHANCE TO INDULGE IN A DELIGHTFUL EVENING AND THE OPPORTUNITY TO CONNECT WITH LIKE-MINDED FOOD LOVERS AND HEALTHY LIVING ENTHUSIASTS.

AMUSE BOUCHE

Devilled eggs
Spinach wraps filled with cream cheese and home hot smoked salmon



STARTER



Chargrilled red peppers on labneh with low-carb focaccia



SECONDO



Lamb Moussaka or Vegetarian Moussaka
Chopped parsley and feta salad



DOLCE



Squidgy Chocolate and walnut brownies, whipped mascarpone

4 COURSE MENU £45PP



12.5% discretionary service charge will be added to final bill